MMR ADULT FITNESS & YOUTH SPORTS CLASSES

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10:30am	Times	Monday	Tuesday	Wednesday	Thursday	Friday
9:15am 9:00am 10:00am 9:15am 10:15am 10:15am 10:30am 11:00pm 10:15am 11:00pm 11:00pm 11:00pm 11:00pm 11:00pm 11:00pm 11:00pm 10:15am 11:30am 1		·	, in the second	Body Blast	·	·
9:00am 10:00am 20/20/20 Sr. Strength Training (6/2) #111879 (6/5) #111879 (6/5) #111879 (6/5) #111879 (6/2) #111701 Pilates (6/4) #111713						
9:10am 10:00am 10:00am 10:00am 10:30am 10:00am 10:00am 10:00am 10:00am 11:00pm 11:00pm 11:30am 10:15am 10:15am 11:30am 11:30am 10:30am 10:30	>110um			(7/22) #113060		35.34.0
9:15am 10:30am 10:30am	9:00am					•
9:15am (6/1) #111879 (6/2) #111675 (6/2) #111701 (6/1) #111879 (6/2) #111701 (6/2) #111701 (6/3) #111863 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/4) #11713 (6/5) #11862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5) #1862 (6/5	10:00am					
10:15am	9:15am	Sr. Strength Training	20/20/20		Sr. Strength Training	(0/3) #111033
10:30am						
10:00m	9:30am					
11:00pm			(6/2) #111701		(6/4) #111713	
10:15am 11:00am 11:00am 11:00am 11:00am 11:30am 12:15pm						
10:15am	11:00pm			(6/3) #111863		M14: C4
11:00am	10·15am					
10:30am						(6/5) #111832
11:30am						(7/24) #111834
11:15am 12:15pm	10:30am				Beg. Ballet	
12:15pm		(6/1) #111862	(6/2) #112275		(6/4) #112744	
11:30am 12:20pm						Basketball (3-6)
12:20pm					Deleveries Deser (C/A)	
12:30pm 1:45pm 3:00pm 3:45pm Dance Combo (Tot) (6/2) #111805 (6/2) #111735 (6/2) #111805 (6/4) #111809 (7/20) #111810						
1:45pm (6/2) #111959 3:00pm Ballet Tots 3:45pm (6/4) #111932 Dance Combo (Tot) (6/2) (6/2) #111805 #111735 4:15pm Kick Boxing (6/1) #111809 (7/20) #111810 4:30pm 5:15pm Dance Combo (6/2) (7/21) #111806 (7/21) #111806 4:30pm 5:15pm Combo (6/2) (7/21) #111877			Voga		#117072	(1124) #111703
3:00pm 3:45pm	_					
3:30pm					Ballet Tots	
3:30pm 4:15pm Kick Boxing (6/2) #111805 #112738 Kick Boxing (6/1) #111809 (7/20) #111810 Ballet For Youth (6/4) #111687 Combo (6/2) #111806 (6/2) #111806 (6/2) #111806 (7/21) #112737	3:45pm				(6/4) #111932	
3:30pm 4:15pm (6/2) #111805 (7/21) #112738 Kick Boxing (6/1) #111809 (7/20) #111810 Kick Boxing (6/2) #111809 (6/4) #111809 (6/4) #111687 Combo (6/2) #111806 (7/21) #111806 (7/21) #111737 Karate (6/2) #111806 (7/21) #112737						
4:15pm (6/2) #111805 (7/21) #112738 4:00pm 4:45pm (6/1) #111809 (6/1) #111810 (6/2) #111800 (6/2) #111800 (6/2) #111806 (6/2) #111806 (6/2) #111737 (6/2) #111737	2.20		()			
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4:45pm (7/20) #111810 (6/4) #111687 4:30pm 5:15pm Combo (6/2) #111737 Karate (6/2) #111806 (7/21) #112737	^					
4:30pm 5:15pm Dance Combo (6/2) #111806 (7/21) #112737	4:45pm					
4:30pm 5:15pm			Varata		#11168/	
4:30pm 5:15pm			Dance (6/2)			
#111737 (//21) #112737			Combo #111806			
#112/3/	5:15pm					
			#112737			
		Dance Combo				
5:00pm 5:45pm (6/1) #111732	_					
5:45pm (6/1) #111732 (7/20) #111734	5:45pm					
5:30pm Core and More Total Body Boot Camp	5:30nm	(1120) 111111111	Core and More		Total Body Boot Camp	
6:30pm (6/2) #112274 (6/4) #111939						
Hip Hop		Hip Hop				
Belly Dance		Belly Dance				
5:45pm		3				
6:45pm (6/1) #111791	6:45pm					
#111700 (7/20) #111793						
6:30pm Yoga	6:30nm	#111/93		Voga		
8:00pm (6/3) #111954	_					
7:00pm Bollywood				, , ,		
8:00pm (6/1) #112371	•					